

Sunday, January 11, 2026

8 AM PDT - Open Meeting

The meeting opened with a **moment of silence**, followed by:

- Serenity Prayer
- 12 Traditions – Jo L CDA Ontario
- 12 Concepts (French) – Pierre A
- CANA/ACNA Vision Statement - Brian
- Service Prayer - Veronica
- Welcome any new members to CANA/ACNA – Introductions
- Ground Rules- Merry G

Attendance

- Chair – Roxanne K
- Vice Chair – Merry G
- Treasurer – Adrian M (Standing in)
- Secretary – Veronica M
- FD/PR East – Martin P
- FD/PR North – Katherine M
- FD/PR West – Brian S
- NCRC – Jim F
- Convention Coordinator – Paul C
- RD CARNA – Paul C
- AD CARNA – Vacant
- RD Quebec – Pierre A
- AD Quebec – Vacant
- CD Ontario – John F
- CDA Ontario – Jo L
- RD AL-SASK – Rhonda R
- AD AL-SASK – Joanne A (absent)
- RD BC – Bill W
- AD BC – Ken P

**Observers:** Daniel B, Josee-Rose

**Report Questions and Discussion** – Actual reports at the end of the document, only questions here  
 Hyperlink to reports provided

**Administrative Reports Questions and Discussions**

**Chair**

Report Posted  
 No Update

**Vice Chair**

Report Posted

**Update:** The newest version of the report should be used as this was updated recently

**Discussion:** When there are updates to the website, who does the calendar updates and are we charged extra for them?

- Vice Chair receives the updates and forwards them to Web Power who does the updates. At this time there are no additional charges for calendar updates for a three-month period

**Treasurer**

Report Posted  
 No update

**Discussion:** Has there been a contribution from the Ontario Region since the last meeting?

- Yes, December 2, 2025, for \$11,703.55

**Secretary**

Report Posted  
 No update

**FD/PR Report**

Report Posted  
 No update

**NCRC**

Report Posted

**Update:** Hoping for a move from consideration to implementation of an NCRC Alt position as this is a hands-on job with a big impact on NA funds and to support the spirit of rotation

**Discussion:**

- Will there be translations for hearing impaired at the Moncton meeting?
  - Action item: NCRC will look into translations for hearing impaired for the next CCNA event in Moncton
  - Can the convention website also specify accessibility (wheelchair, etc.)
  - BC AD pointed out that captions in virtual meetings can provide an option for this and can be projected for those in the room



- A new business item was added about the NCRC Alternate position
  - Are we getting ahead of ourselves with this proposal while the Reimagine CCNA workgroup is working to develop job descriptions
  - Agreed to wait until the workgroup has reviewed those positions and brings a recommendation

**Convention Coordinator**

Report Posted

No update

- **Discussion:** Did CANA agree to fund the Convention Coordinator for travel?
  - Funds will come from CCNA and not CANA, travel is funded
  - There is more about this in the Treasurer’s report where CCNA is requesting the funds for this kind of travel going forward

**Regional and Alternate Delegate Report Questions and Discussions**

**CARNA**

Report Posted

No update

**Discussion:** How long is the CARNA in-person regional meeting? There is assembly on Saturday and Region on Sunday. What is the difference between an assembly and a regional meeting? A regional assembly is a service event open to all members. Has CARNA been doing three virtual meetings and one in-person meeting a year for a long time? Yes.

**Quebec**

Report Posted

No update

**Ontario**

Report Posted

No update

**AL-SASK**

Report Posted

No update

**BC**

Report Posted

No update

**Discussion:** What is the VINPRANA acronym? Vancouver Island North Powell River Area of NA

## Workgroup Reports Questions and Discussions

### 1.1.1 PR Through Social Media

Report Posted

No update

### 1.2.1 National Professional Development and External Outreach

Report Posted

**Update:** New organizations were added to the contact list. If you have any other ideas for federal contacts, please let the workgroup know (secretary@canaacna.org)

### 2.1.1 Reimagine the Canadian Convention (CCNA) and its service positions

Report posted

No update

### 2.2.1 FD/PR Collaboration

No Report

**Update:** This workgroup has not met yet. Please update the email for the CDA of Ontario Jo L and note that Bill W is a resource only in this workgroup

### 3.1.1 Indigenous Translations

Report Posted

No update

## Routine Services – No Reports, updates included in admin reports.

### Phoneline – Treasurer

Report Posted

No update

**Discussion:** AL-SASK regularly discusses the phoneline and is curious if CANA will be changing to YAP and if not, why not? More to come during old business

### Website – Vice-chair

Report Posted

No update

### Convention – CCNA (NCRC, Treasurer, PWG)

Report Posted

No update

### Local Workshop – Local RD

No report

No update

**Discussion:** Why is this listed as a CANA routine service?

- The CANA Chair connects NAWS/WB with the local RD to initiate communication after which time we find out who will be attending

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### Booth at CCNA – FD/PR Team

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Report Posted

**Update:** Would a change in the booth need to be approved by the body?

**Discussion:** The report discussed changing the FD/PR booth to a CANA/ACNA info booth

- A note was made that the booth has FD/PR info in case the media or others that might benefit from that information attend the convention
- What would the change in the booth be?
  - The booth is currently very PR oriented which hasn't had as much interest in the last few conventions. Changing the focus to CANA with info about CANA, it could have workgroup sign-ups and more FD focus rather than an example or a PR booth
- Consensus is reached that the FD/PR team can change their booth

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### CANA/ACNA Video – Admin

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Report Posted

**Update:** This is a presentation on “What is CANA/ACNA Zonal Forum.” This is an 8-9 minute presentation played at each convention before the Saturday night main speaker meeting. This video is cued to music with French. We cannot add any additional slides in the first half which makes editing the presentation tricky

**Discussion:** Can a shortened version be made available?

- ➡ • Paul C might have an older shorter presentation
- The What is CANA IP could also be helpful

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### French Translations – Chair

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Report Posted

**Update:** Strategic planning documents have not been translated yet as there have been new changes submitted

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### CANA Newsletter - Secretary

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Report Posted

No update

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### CANA/ACNA Pamphlet - Secretary

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Report Posted

No update

**Discussion:** Ontario Region has a good stack of these (CANA IPs) and does not need any more copies. A PDF is also available on the website

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**PSA English – FD Team**

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Report Posted

No update

➔ **Discussion:** BC RD mentioned that the media team that worked on the BC Round Table is interested in continuing to work with NA and Bill W will forward the contact info to the FD Team

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**Scanning– Admin**

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Report Posted

**Update:** No scan this year as this is a WSC year. A “cycle” is from the end of CCNA to the next CCNA, not a calendar year

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**Attendance at Professional Events – FD/PR Team**

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Report Posted

No update

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**Offer Attendance at Region – Admin**

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Report posted

No update

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**Old Business (taken from September 22-26, 2025 meeting minutes)**

1. YAP Phonenumber Service – AL-SASK

Action item: Roxanne K (Chair) to update the recording for AL-SASK on Freedom Voice.

**COMPLETED**

**New Discussion**

- AL-SASK regularly discusses the phonenumber and is curious if CANA will be changing to YAP and if not, why not?
- The September minutes showed that the presentation was completed and discussion was held but there was no proposal at the time
- The BC Region does not support CANA moving to YAP because they are not fully on YAP yet, and they don't want to task this as a routine service based on the full workload of the existing tasks
- Discussion was held on the cost and ease of YAP with varying points of view
- Daniel B shared that as the person who maintains YAP for the region, he finds it very easy to maintain even as someone who does not know computers very well
- A recommendation is made for the AL-SASK region to collaborate and create a detailed proposal that summarizes frequently asked questions, specifics on what the transition would cost, what it would mean for regions, etc.
- ➔ • **AL-SASK will bring a proposal forward during new business at the next CANA meeting**

2. Is the newsletter a PDF that can be posted on the website? Not currently.

Action item: Veronica M (Secretary) to see if a PDF of the newsletter can be generated to post on the website. **COMPLETED**

3. Paul C (CARNA RD/Convention Coord) asked if there is a requirement that members running for the FD positions must live within their corresponding boundaries. In 2019, it was agreed that it was not a requirement.

Action Item: There was a request to add to the elections section in the guidelines. – **See 2019 Discussion below:**

**FD Trusted Servant Geography Criteria**

1. *Does it matter where the FD members live/is it more important that we have trusted servants to fill the positions*
2. *FD very seldom travels; they used to have to travel to events*
3. *Idea to have each position focus on one quadrant of the country, shouldn't matter where they live*
4. *Some believe where they live should be important*
5. *There are a lot of events throughout the country, would be easier to have 3 people taking care of it*
6. *We have never filled all the position*

Action Item: **Veronica to add to the guidelines under FD there are no restrictions on location for FD member to hold the position.**

- **New discussion was held on the pros and cons of this**

- RD from QC asked for clarification on the rationale for the discussion that is referenced from the 2019 minutes above
- Brian S shared that living east and serving as FD West has provided benefits of bringing new knowledge and experience from other regions. It was also pointed out that travel is carefully coordinated for cost purposes
- AL-SASK RD shared that local regions are usually involved with FD work
- CD from Ontario shared that it may help to fill the positions if there is not a restriction on this

BREAK: 9:32 – 9:47 AM PST

4. Ken P (BC AD) suggested replacing the term “RDA” with “AD” in 9.1.7... Consensus to adopt these changes and replace “RDA” with “AD”.

Action Item: Add to the guidelines. – **COMPLETED**

**No discussion**

5. CBC + CBC Radio Canada PSA Campaign Proposal (EN + FR) – FD Team

Action Item: The FD team will go back to CBC to ask about other media. The current proposal did not get support from the regions. **WAITING ON FD TO UPDATE**

**Update: The FD Team provided an update on this in their report**

6. Staggered Elections

Action Item: admin can bring back a proposal for how staggered elections can be implemented at the first quarterly meeting. **COMPLETED**

**Discussion**

- Chair reviewed the staggered proposal explaining the 1-year extension of the FD North position to get them in line with the even/odd years
- The reference to the letter of support does not specify who the letter of support is from
  - This was intentionally vague
- A “year” is referenced – is that a calendar year or cycle year? – Cycle year
- What happens if someone isn’t elected during their odd/even year?
  - It would be an interim election so that the staggered cycle is maintained for each position
- AL-SASK and Ontario voiced support of this change. CARNA would like to go talk to their region first. QC is in support and does not need to go back to his region to carry this conscience. BC would like to take it back in accordance with the language in the guidelines
  - *“Matters affecting the document “The Purpose and Functions of the Canadian Assembly of Narcotics Anonymous” will require consensus of the Delegates after being returned to the Canadian Fellowship for approval. “*
  - ⊖ Consensus was not reached to make this change now.
- AL-SASK and QC expressed discomfort with the CANA guidelines enforcing RDs to take an item back to their bodies rather than allowing the RD to carry the group conscience
  - Page 12 of the concepts specify that they are not to be taken as law, they are supposed to be guiding principles. Treasurer specified that the guidelines are meant to be used as a handbook and guide rather than a law
  - Concerns were expressed about the amount of discussion provided during decision making
  - BC AD clarified ~~the~~ he personally thinks that this specific decision doesn’t need to go back to the region, but if we have the time, should we not follow our guidelines, and if we don’t want this guideline, perhaps we can change that
- Treasurer pointed out there is guidance on 9.1. 8 of the CBDM model adopted by this body: Address and confirm level of authority
- Does this decision need to go back to the regions? Or does it fall under the acting authority of the service delegates on the spot (eg: the RDs?)
  - Does this override the previous guidelines item? It allows us to figure out which makes sense to us at the time
  - BC AD changes their decision to support making this decision now with the other guidelines language in mind
- **4/5 Regions support making the decision to approve these guidelines changes**
  - CARNA stands aside on this proposal



**Guidelines will be adopted as proposed**

7. Election process review – vetting and letter of recommendation  
 Action Item: The admin will craft a proposal based on this discussion and bring it back at the next quarterly meeting for consideration. **COMPLETED**



**Discussion: This will go with the guidelines changes for regional review in the previous business item**

8. The balance of service between FD and PR and the ability to even that out – Katherine M (FD/PR Central) (FD/PR Central)

Action Item: Katherine M (FD/PR Central) will work on a roadmap/plan to bring to the body for consideration by the **second quarterly meeting in 2026**.

9. CANA/ACNA Vision Statement overview – Pierre RD  
 (Sept 2025 Minutes - page 12)

*Strategic Planning Step 4: Prioritize issues (challenges from the scan)*

- *A discussion was held on the importance of ensuring our work is guided by our vision. Quebec wants to consider if our vision is successfully motivating and relevant and to ensure that our goals and strategic planning are indeed aligned with our vision statement.*
  - a. *Bill (BC RD) feels that the FD/PR workgroup may have digressed from the vision and could use some realignment with the CANA vision.*
  - b. *Perhaps this should be incorporated as part of our strategic planning process.*
  - c. *Paul suggested that although we might not have time today to cover all the suggestions to clarify the vision statement, we could have additional sessions later to prioritize this discussion. Today, we can focus on realigning ourselves with the vision.*
  - d. *Bill (BC RD) suggested strategic planning can also be carried forward as necessary to make time for whatever discussions need to be held.*
  - e. *Quebec's report has some specific items we could address about our vision to guide our discussion.*
- **New Discussion**
  - Previous discussion indicated that this can be revisited. QC RD is bringing this up in hopes that it can be revisited and moved forward
  - As a reminder, during our 2025 conference strategic planning session we reviewed the vision and then changed the goals to be more in line with the vision. We then agreed to review the vision again in the future
  - Can a workgroup be struck mid-cycle?
    - QC RD is in support of striking a workgroup
    - CARNA would prefer to not strike a new workgroup outside of the existing cycle
    - BC AD would like suggestions for changes to the vision statement to be brought forward and is not in support of a workgroup at this time
    - AL-SASK wonders if this can be a task for an existing workgroup to take on or could this be moved to a session at the next in-person meeting as we are not doing strategic planning this year for the WSC
    - QC RD pointed out that this was already brought up at the last strategic planning meeting
  - **Recommendation made for regions to collect input to prepare for a group discussion on this at the upcoming September**

10:50-11:10 AM PST Break

**New Business (taken from Input and Reports)**

1. Approve Minutes from September 2025
  - a. **Approved by consensus**

2. Election – Treasurer Interim
  - a. No candidates present
  - b. Adrian M is standing in as a Treasurer right now. When his term ended, he agreed to stay for two quarters and to mentor during that time. One quarter remains.
  - c. **This position is open. Please announce that CANA needs a treasurer**
3. Scanning Surveys Frequency – Paul RD
  - a. CARNA RD shared that he finds the scans to be stale and rephrasing the same questions too often. He suggests a less frequent scan cycle (such as one every 3 years instead of 2 in every 3 years as we have now)
    - i. FD West is in agreement
    - ii. BC agrees this does not have to be so frequent
    - iii. Ontario is in support of this
    - iv. QC agrees that the scan should be less frequent and emphasizes that it needs to be simplified
    - v. AL-SASK agrees that this would allow more time for proposals and discussion if we made it less frequent
    - vi. FD West shared that the parts that are coming back year after year could be incorporated into our vision
    - vii. It is suggested that this be brought as an agenda item in September
      1. **Consensus is reached to add the discussion on the scanning survey frequency to the September Agenda**
    - viii. Alt CD from Ontario suggested other abbreviated versions of the scan could be considered
    - ix. Discussion took place on the importance of the scan and the time spent discussing and performing strategic planning
4. PR through Social Media & FD overlap – FDE
  - a. Discussion was held about how the work of these two groups could potentially overlap or that their tasks might benefit from the experience and collaboration between the two
  - b. The objective was to get some clarity between the two groups going forward. Are there processes and procedures for content between the two
    - i. **The workgroup agreed to meet with the FD team to discuss this and develop some processes and guidelines to help**
5. \$16,000 PSA Television (Bilingual) budget – FD
  - a. The budget currently has \$16,000 PSA Television (Bilingual). Can this be used for anything else like radio?
  - b. Treasurer encouraged that we change the language to “media” to allow for clarity and space to adapt for this item
  - c. The Vice Chair reminded us that in our last meeting we had a healthy discussion about TV vs other media
  - d. CARNA RD wondered if a professional or consultant could help guide us on where to get the best impact for our NA funds
    - i. A point was raised that finding a volunteer can be challenging as people often don’t want to spend free time doing what they already do for their job
    - ii. Quebec tried to hire a professional, but it was too expensive
  - e. QC RD wanted to emphasize that we consider the needs of the North when considering

this as well. The FD Team specified that is exactly the idea – to match media to the target location for effectiveness

- f. A point was raised that the presence on social media does not have the same credibility as other media such as CBC
  - g. AL-SASK is in support of FD modifying this budget description
  - h. CARNA RD expressed that while the FD team would have autonomy over this budget line for media as opposed to TV, he requested the proposals still be sent to CANA before the funds are spent
  - i. QC RD expressed concern about the time it would take to approve of FD spending their budget. AL-SASK agreed that by approving the budget, we approve them to spend the money, and they will report to us where it is spent. BC AD agrees with delegating the responsibility to the FD team to spend their budget
  - j. The FD team emphasized their focus on radio
  - k. **Consensus is reached in support of FD being able to use this budget line for media other than TV. The budget line item wording change will be made to “media” so that it is not limited to TV**
6. CCNA Pre-Convention Travel Budget – Treasurer
- a. Remove this, “NCRC Pre-Convention Travel Budget” item from the CANA/ACNA budget for the next fiscal year (2026-2027) when the assembly meets face-to-face in Moncton, NB
  - b. Add an additional guideline under section 15.11 – Convention, with verbiage of the below nature (this is just an idea, not a finalized proposal):  
*“15.11.xx – When the PWG has completed its final calculation of the surplus to contribute to CANA/ACNA, it will recommend a holdback for the next calendar quarter in addition to the start-up funds. This holdback will be used for any pre-convention travel required by the PWG or LWG for the following convention.*
  - c. Regarding item #2, the PWG determined that we would also like to hold back \$5,000 of the current CCNA XXXIII surplus of \$37,400.20. This should help cover other administrative expenses (eg: such as venue deposits.)
  - d. **Discussion:** QC RD expressed concern that we ensure funds are used to further the NA message in an efficient manner by ensuring our funds flow to get services from outside of NA to serve NA rather than money flowing to our own trusted servants to reimburse them for travel
    - i. Treasurer clarified that funds are used to reimburse expenses spent on NA service rather than to NA trusted servants specifically
    - ii. This budget item is already on our budget, we are just moving it from the assembly budget to the CCNA budget while maintaining transparency and communication with budget proposals for the assembly from the PWG
    - iii. Clarification is given that increasing a prudent reserve does not mean that money will automatically be spent
    - iv. AL-SASK is in support of this proposal. Emphasis is given that the travel for pre-convention is carefully selected to be prudent with NA funds
    - v. BC AD agrees with moving the travel costs to CCNA budget. Additionally, a suggestion is made to move the rooms and other costs as well
    - vi. **Consensus is reached in support of these proposals. Adrian will provide exact changes soon**

7. Do we want to start a national mentorship program? – FD **Tabled to next meeting**
8. National Press Release – FD
  - a. FD East emphasized the importance of RDs discussing this with their regions as this is time-sensitive
  - b. Are regions ready to participate in this? Regions will need to find media contacts and forward the press release to them or call them on the phone. This would show us how effective it is to prepare us to do it again for the NA 60 year anniversary. Once a system is in place, it can be repeated
  - c. Material will be provided that regions can choose to tweak. Next a person in that region needs to do the work to get the press release to the media for their region
  - d. AL-SASK said getting media lists can be easy, and that AL-SASK would support this
  - e. CARNA RD agrees with the concept
  - f. **Consensus to work on a National Press Release**
9. Arctic Recovery and Support Conference in March of 2026-Attendance Request – Chair
  - a. Chair was asked to attend this conference. The conference itself will pay for some of the Chair’s travel, but has not committed to a specific amount yet
  - b. CANA FD/PR will be present as an exhibitor. FD West and FD East will be in attendance
  - c. When asked what the CANA Chair would bring to this conference that the CANA FD/PR team doesn’t already bring, the Chair offered their personal experience on the CANA body however wasn’t entirely sure and suggested to speak to the coordinator for that
  - d. How many people attend this conference? It is a new conference, so we don’t have an attendance number. AL-SASK is opposed without more information (cost specifics, etc.)
  - e. Questions are raised towards the Chair’s specific role at the conference – as a speaker about CANA?
  - f. Katherine M shared the potential ways the Chair could share with the conference – potentially as a keynote speaker
  - g. BC AD suggested a third member could be appointed to represent the three FD members that might usually go
  - h. **Not enough support for this**

Meeting Adjourned at 1:02 PM PST

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## Advanced Reports

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## Administrative Reports

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## Chair Report

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Hello Friends – Bonjour mes amis!

Your admin team met on Sunday January 4, 2025, on zoom. Minutes from the meeting are available in the forum.

I continue to respond to incoming inquiries through the website. I check the CANA/ACNA PO Box 812 in Edmonton regularly, copying our treasurer and making deposits. The PO Box is up to *renew February 1, 2026*.

I have been in touch with various members individually by phone/zoom since our last meeting in September 2025.

A new request came in for me to attend the Arctic Recovery and Support Conference in March of 2026 as the CANA/ACNA Chair in Iqaluit, Nunavut. They have offered to fund parts of the trip and will be asking for discounts from one of the airlines. I have put this on the discussion items for this meeting.

#### **FOLLOW UP ITEMS TASKED TO ADMIN:**

##### **Guidelines**

Secretary, Vice Chair, and I met on Sunday, December 14, 2025, to review and discuss the tasked items from September 2025 as follows:

- 1) Admin can bring back a proposal for how staggered elections can be implemented at the first quarterly meeting
- 2) Update to the election process review timeline and recommendations

We have provided the body with a proposal for both items above to be added/changed in the guidelines. I have included this in the folder with my report for your review and consideration. We would like these to be approved/adopted/or recommendations brought to our next quarterly meeting on April 5, 2026.

**Please note:** To bring the positions in line with even years, we recommend extending the FDN position by one (1) year to line up with 2028 elections. Currently that position is up in 2027 for elections.

Guideline proposed changes and my report located here:

<https://canaacna.org/forums/viewtopic.php?t=1488>

#### **NEW MEMBERS – ONTARIO CDA**

We welcomed Jo L., Ontario Canadian Delegate Alt (CDA) to the body in November. I met with Jo for a virtual forum orientation session on December 6<sup>th</sup>. I am looking forward to serving with her and formerly welcoming her to the body at our January 2026 meeting.

#### **OFFER ATTENDANCE AT REGIONS:**

We thank the AL-SASK region for having Bill W., and I attend their RSC in Lloydminster, SK Oct 18-19, 2025. We provided the results of their first survey scanning and facilitated the strategic planning process with the body using those results. The RSC formed new workgroups as a result of the process.

We also provided a workshop on Concepts, focusing on 4 specific concepts identified through communications with the RD team, prior to their RSC.

**FRENCH TRANSLATIONS:** *Merci to Steeve L for his amazing work on translations for CANA/ACNA!*

**MINUTES:** – September 22-26, 2025, **Completed**

**NEWSLETTER:** Fall - **Completed**

**CCNA:** Newsletters, Registration forms, CCNA website, CANA Website updates- **Completed**

**SOCIAL MEDIA POSTS:** Various- **Completed**

**STRATEGIC PLANNING – September 22-26 documents – In Process**

**CANA/ACNA ADMIN POSITIONS:**

We will hold an interim election for the Treasurer position at this January 2026 meeting. Resumes were distributed to the body in November 2025.

Should our guideline change proposal be adopted, please announce in your areas, regions, homegroups that the Treasurer and Vice Chair elections are September 2026. We would want to have candidates submit their service resumes and letters of support to the **Secretary** via email by July 5, 2025 (third quarterly CANA/ACNA meeting) for distribution to the full body with the minutes of the meeting.

**CHAIR – PREPARATION TO PASS OVER THE ROLES/DUTIES:**

I have put together a few pages (cheat sheets if you will) of my experience, strength and practices when it comes to the chair duties/roles & responsibilities. This is meant for the vicechair to use as a guide and timeline task line over the next three (3) quarters while being mentored into the role.

I will be stepping back now in some capacities and passing a lot of what I do over to Merry to take on and do until we meet in Moncton in September 2026. This will provide an easy guide and 75% of the rest of this year to do chair tasks and be used to it when moving into the role after I am done.

**NAWS:**

Snapshot of the Zones is requested by NAWS prior to each WSC. Merry (vice chair) will work on this first draft for the updated document and we will send any updates to NAWS by their February 2026 deadline.

**RZB NOMINATION:**

Again, I would like to thank the members who supported putting my name forward for a nomination to stand for a WB member position. My interview took place on December 13<sup>th</sup> by the HRP committee. I will find out at the end of March 2026 if the committee nominates me to the WSC as a candidate. It is in the hands of my higher power.

My family member and sponsor's husband, who was on life support in Phoenix at the time of our conference which had my brain in grief and trauma mode all week, has since died in October. It has been a very trying 5 months and I want to say 'thank you' to those of you who have been a constant and incredible support throughout.

**2026 CONFERENCE REQUEST:**

We will be submitting a request in late January, early February 2026 for NAWS/WB attendance at our conference in Moncton, NB and keep the body updated on any decisions throughout this cycle as we receive them.

They will be looking for workshop topics. If you have any ideas for workshops, please email those to me and vice chair. Thank you.

I look forward to seeing you all January 11<sup>th</sup>.

**Love & Light!**

Roxanne Kipnes, Chair

780-966-0890

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## Vice Chair Report

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Happy New Year, everyone... Hope you all had a restful holiday season!

Vice Chair tasks over the last quarter mainly focused on wrapping up the September in-person meeting tasks, such as:

- Updating Action Plan, Charge Sheets, and Strategic Plan
- Creating a schedule for CANA Admin meetings and CANA Full Body meetings for the next year
- Creating a timeline for creating agenda(s) for the next year
- Validating and submitting expense requests through Scotiabank
- Meeting with Roxanne and Veronica to discuss action items tasked to the Admin (staggered elections)
- Dropping off final cheque to Sheraton / Marriott

Website tasks over the last quarter include:

- Ensuring the above documents were uploaded to the CANA website front end and forum
- Validating and passing on updates as needed for the CANA website to our web provider
- Passing on contact information and updates to the back-end forum to our web provider

**We will also be increasing our storage and adding a calendar to the CANA Events page at the following costs:**

- **Storage 20 Gig (40 Gig): \$360.00**
- **Calendar Set Up & Licensing: \$177.00**
- **Tax: \$80.55**

**Total cost: \$617.55**

The frequency of calendar and event updates was discussed, as was what is considered acceptable to post on the events page. Web Power to the quality and quantity of incoming events for the next 3 months to see whether it is a sustainable activity at the current contract rate.

Thank you for allowing me to be of service!

Merry

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## Treasurer Report

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**\*\*NOTE\*\*** This report may be spaced amongst multiple pages with the intent of making the snapshots as large as possible so that they will be legible and easier to read!! Please note that you can use the “magnify/zoom” function in *Word* (the horizontal scroll-bar on the bottom-right) to make it easier to read. My apologies in advance for any extended gaps of blank space on the pages.

Greetings all,

Thank you again for granting me this opportunity to serve!

The first snapshot below in the list itemizes the activity since my last report on 14-Sep-2025, to the date of this writing on 4-Jan-2026.

**Activity: 14-Sep-2025 to 4-Jan-2026:**

15-Sep-25	123685351	Chair, Travel, Per-Diem, FD, Tech	Roxanne Kipnes	On-site supplies, Travel, Per-Diem, FD Shipping/tools, Tech Shipping		1,068.72	89,374.88
19-Sep-25	123933669	FD Initiatives	Bill Webb	FD Videography Expense - Round Table		700.00	88,674.88
21-Sep-25	123951184	Technology Equipment (AV, Hybrid)	Roxanne Kipnes	Shipping		189.79	88,485.09
21-Sep-25	123951397	Per-Diem	Louise Gorman	Per-Diem 8 Days		640.00	87,845.09
21-Sep-25	123951419	Per-Diem and Assembly Travel	Veronica Morganhart	Per-Diem 8 Days & Assembly Travel		961.22	86,883.87
22-Sep-25	123990309	Per-Diem and Assembly Travel	Adrian Miles	Per-Diem 8 Days & Assembly Travel		713.85	86,170.02
22-Sep-25	123994342	Per-Diem	Merry Grieg	Per-Diem 6 Days		480.00	85,690.02
22-Sep-25	124008931	Per-Diem and Assembly Travel	Katherine Martin	Per-Diem 8 Days & Assembly Travel		2,924.12	82,765.90
22-Sep-25	124009546	Per-Diem/Assembly Travel/Admin Supplies	Mark Salmond	Per-Diem and Assembly Travel, Admin Supplies (Post Its, Strat Planning)		1,096.88	81,669.02
23-Sep-25	124063196	Per-Diem/Hotel Parking	Paul Craig	Per-Diem/Hotel Parking		858.00	80,811.02
24-Sep-25	124175788	Per-Diem and Assembly Travel	Jim Foote	Per-Diem and Assembly Travel		1,255.44	79,555.58
25-Sep-25		Assembly Travel Refund	Roxanne Kipnes	Assembly Travel Refund	70.00		79,625.58
25-Sep-25	124278217	Translations - Blackfoot	Ann Blue Wings	Translations - Blackfoot Keytags		150.00	79,475.58
26-Sep-25	3	Contribution	NAWS	Contribution		25,000.00	54,475.58
27-Sep-25	4	FD Initiatives	Sheraton Vancouver Airport Hotel	Roundtable - Food & Beverage		4,276.16	50,199.42
29-Sep-25		Unused Per-Diem	Veronica Morganhart	Unused Per-Diem	150.00		50,349.42
29-Sep-25		Contribution	Lib (NAWS)	Contribution	20.00		50,369.42
29-Sep-25		Bank Fees	Scotiabank	Bank Fees		14.25	50,355.17
06-Oct-25		Assembly Travel Refund	Paul Craig	Assembly Travel Refund	16.00		50,371.17
09-Oct-25	125072768	Assembly Hotel Costs	Paul Craig	Assembly Hotel Costs - Richmond, BC		4,576.25	45,794.92
10-Oct-25	125165042	FD Initiatives	Louise Gorman	CANACNA Business Cards - Shipping		45.25	45,749.67
23-Oct-25	125799088	NCRC Pre-Convention Travel	Jim Foote	Assembly Travel		120.96	45,628.71
20-Nov-25	5	Assembly Hotel Costs, FD Initiatives	Sheraton Vancouver Airport Hotel	Assembly Hotel Costs, Roundtable		11,186.21	34,442.50
08-Aug-25	121697357	Website Hosting & Mtce	Webpower	Website Hosting & Mtce		3,904.25	30,538.25
01-Oct-25	VISA Debit	Phone Line	Freedom Voice	Phone Line		15.09	30,523.16
04-Oct-25	124802190	FD Initiatives	Bill Webb	Attendance at Regions - AL-SASK		1,245.48	29,277.68
06-Oct-25		Bank Fees	Scotiabank	Bank Fees		10.00	29,267.68
17-Oct-25	125516700	FD Initiatives	Brian Smith	FD West Literature Order		254.29	29,013.39
21-Oct-25	125637413	FD Initiatives	Roxanne Kipnes	Attendance at Regions - AL-SASK		843.79	28,169.60
22-Oct-25	125723719	FD Initiatives	Bill Webb	Attendance at Regions - AL-SASK		456.39	27,713.21
25-Oct-25	125853083	FD Initiatives	Canadian Centre of Substance Abuse	CCSA Exhibit		3,500.00	24,213.21
25-Oct-25		Contribution	Lost and Found Group	Contribution	50.00		24,263.21
26-Oct-25	125925099	Chair - Admin	Roxanne Kipnes	Chair - Shipping UPS		114.95	24,148.26
27-Oct-25	VISA Debit	Zoom Licensing	Zoom	Zoom Licensing		225.65	23,922.61
28-Oct-25		Contribution	Gifts of Desperation	Contribution	50.00		23,972.61
31-Oct-25	VISA Debit	Phone Line	Freedom Voice	Phone Line		15.17	23,957.44
31-Oct-25		Bank Fees	Scotiabank	Bank Fees		11.75	23,945.69
07-Nov-25		Bank Fees	Scotiabank	Bank Fees		10.00	23,935.69
10-Nov-25	126802606	FD Initiatives	Brian Smith	NWT Literature Order		35.23	23,900.46
18-Nov-25	127220236	FD Initiatives	Bill Webb	USB Distribution of mp4 video		57.11	23,843.35
20-Nov-25	127403300	Treasurer	Adrian Miles	Hotel Cheque Mailing		19.29	23,824.06
21-Nov-25	127465346	FD Initiatives	Clay Neddo	FD Initiatives - CCSA Parking		75.00	23,749.06
25-Nov-25	127632848	FD Initiatives	Danielle Pentland	FD Initiatives - CCSA Parking		28.50	23,720.56
28-Nov-25		Bank Fees	Scotiabank	Bank Fees		3.00	23,717.56
30-Nov-25		Contribution	Lost and Found Group	Contribution	50.30		23,767.86
01-Dec-25	VISA Debit	Phone Line	Freedom Voice	Phone Line		15.21	23,752.65
01-Dec-25	VISA Debit	Phone Line	Freedom Voice	Phone Line		15.21	23,737.44
02-Dec-25		Contribution	St. John's Area	Contribution	100.00		23,837.44
02-Dec-25		Contribution	Toronto Area	Contribution	4,644.15		28,481.59
02-Dec-25		Contribution	Ontario Regional Service Committee	Contribution	11,073.55		39,555.14
02-Dec-25		Contribution	CARNA	Contribution	437.87		40,093.01
02-Dec-25		Contribution	Niagara Area	Contribution	4,000.00		44,093.01
05-Dec-25		Bank Fees	Scotiabank	Bank Fees		10.00	43,983.01
10-Dec-25	128551886	NCRC Pre-Convention Travel	Jim Foote	NCRC Pre-Convention Travel		307.60	43,675.41
21-Dec-25		Contribution	Gifts of Desperation	Contribution	50.00		43,725.41
30-Dec-25		Contribution	Mountain Freedom Group	Contribution	73.70		43,799.11
31-Dec-25	VISA Debit	Phone Line	Freedom Voice	Phone Line		14.86	43,784.25
31-Dec-25		Bank Fees	Scotiabank	Bank Fees		3.00	43,796.46

The remaining balance is **\$43,796.46**.

**\*\*IMPORTANT NOTE REGARDING THESE BUDGET LINES\*\***

The row highlighted in YELLOW is when the audit was conducted on 2025-Sep-24. The actual balance was \$76,906.77 at that point in time. The reason why it's

reflecting as \$80,811.02 is because the difference of \$3,904.25 was charged for Webpower before the row further below in GREEN, when the next cycle started.

The row in GREEN is when the 2025-2026 budget starts. Some items from Sept 24th to Nov 20th were issued late for the 2024-2025 period, which is why the dates are not quite chronological, here.

Note that you can hover your mouse over these cells with the “red wedge” in the cell to observe these comments:

81,669.02		<b>Adrian Miles:</b> This is when the audit was conducted on 2025-Sep-24. The actual balance was \$76,906.77. The reason why it's reflecting as \$80,811.02 is because the difference of \$3,904.25 was charged for Webpower before this time (down below in GREEN, when the next cycle starts.)
80,811.02		
79,555.58		
79,625.58		
79,475.58		
54,475.58		
50,199.42		
11,100.21	34,442.30	<b>Adrian Miles:</b> This is when the 2025-2026 budget starts. Some items from Sept 24th to Nov 20th were issued late for the 2024-2025 period, which is why the dates are not quite chronological, here.
3,904.25	30,538.25	
15.09	30,523.16	
1,245.48	29,277.68	
10.00	29,267.68	
254.29	29,013.39	
843.79	28,169.60	

**Latest Scotiabank bank statement ending 31-Dec-2025:**



201 FIRST AVE. 91389  
 SPRUCE GROVE AB T7X 2K6  
 962-6666

CANA/ACNA (CANADIAN ASSEMBLY N  
 PO BOX 812 EDMONTON MAIN  
 EDMONTON AB T5J2L4

**Statement Of:** Business Account      **Account Number:** 11      **From:** Nov 28 2025      **To:** Dec 31 2025

**Account Summary for this Period:**

<b>No. of Debits</b>	<b>Total Amount - Debits</b>	<b>No. of Credits</b>	<b>Total Amount - Credits</b>
6	\$11,536.88	4	\$20,429.57

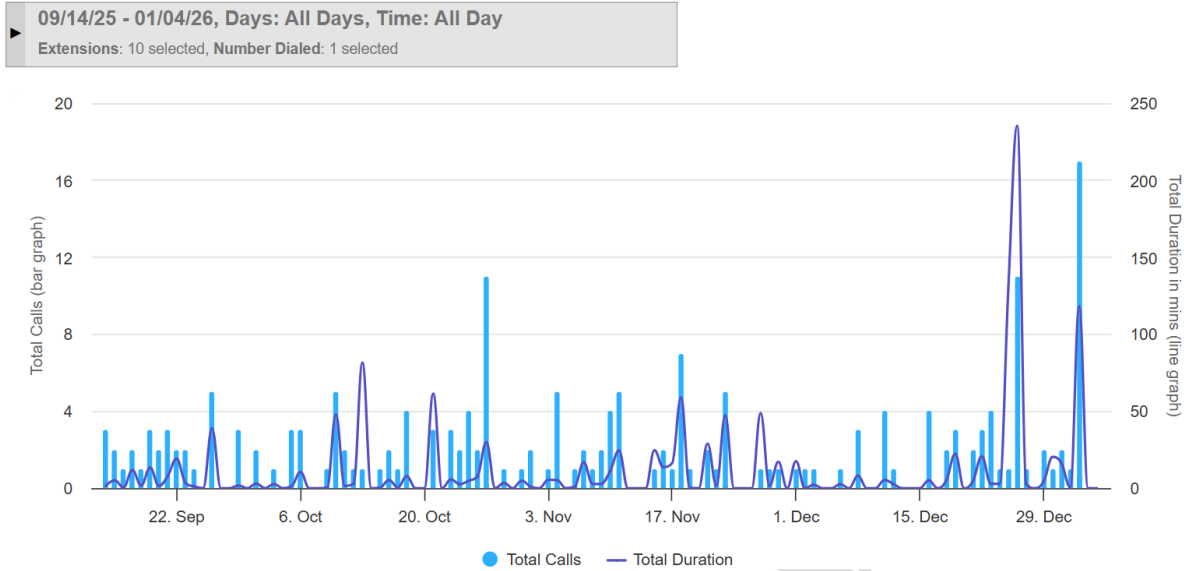
**Account Details:**

Date	Description	Withdrawals/Debits (\$)	Deposits/Credits (\$)	Balance (\$)
11/28/2025	BALANCE FORWARD			34,903.77
12/01/2025	DEPOSIT LOST AND FOUND GROUP OF NARCOTICS ANONYM INTERAC E-TRANSFER		50.3	34,954.07
12/01/2025	POINT OF SALE PURCHASE OPOS 10.56 FREEDOM VOICE 800-4771477AZUS	15.21		34,938.86
12/02/2025	DEPOSIT		20,255.57	55,194.43
12/05/2025	SERVICE CHARGE SCOTIACONNECT	10		55,184.43
12/09/2025	CHQ* 5 3021738392	11,186.21		43,998.22
12/15/2025	WITHDRAWAL Jim Foote INTERAC E-TRANSFER	307.6		43,690.62
12/22/2025	DEPOSIT Gifts of Desperation INTERAC E-TRANSFER		50	43,740.62
12/30/2025	DEPOSIT ALBERT SHELLEY INTERAC E-TRANSFER		73.7	43,814.32
12/31/2025	POINT OF SALE PURCHASE OPOS 10.56 FREEDOM VOICE 800-4771477AZUS	14.86		43,799.46
12/31/2025	SERVICE CHARGE	3		43,796.46
<b>No. of Debits</b>	<b>Total Amount - Debits</b>	<b>No. of Credits</b>	<b>Total Amount - Credits</b>	
6	\$11,536.88	4	\$20,429.57	

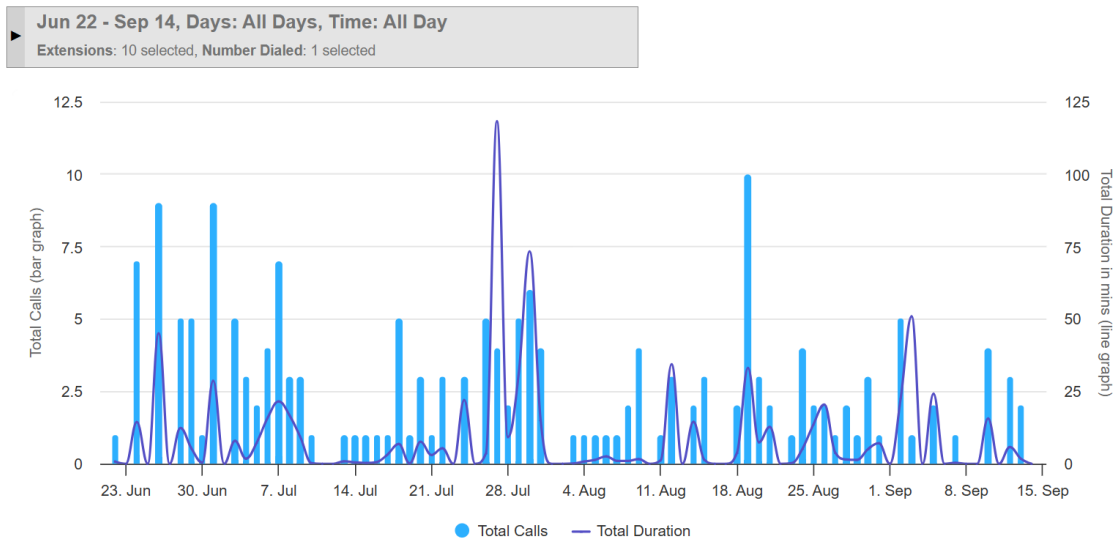
Uncollected fees and/or ODI owing: \$0.00  
 Overdraft Interest Collected: Jan-Dec. 2025 \$0.00

No activity has occurred since this time, the balance of \$43,796.46 matches the budget above.

Below is the call activity on the *Freedom Voice* line from the period of 14-Sep-2025 to 4-Jan-2026, since the previous report:



The average appears to be a significant increase in comparison to the previous period:



[Get Call Data](#)

I tested the phone line options and they successfully re-direct the caller to the respective regional phone lines. I have also provided the latest “fiscal Q1” version of the budget in my report for posting on our new website. I have also provided and uploaded the CLOSING budget for 2024-25. I also provided the chart of regional contributions over the past four years as per the new approved guideline procedure.

## NCRC PRE-CONVENTION TRAVEL BUDGET

This was a topic that was touched on and briefly discussed at the last, annual face-to-face CANA/CANA meeting. The decision to have the Convention Coordinator be funded to assist with the NCRC was based on the condition that the PWG (and effectively, CCNA) fund itself.

Interestingly enough, during this conversation, and a separate private exchange I had with a previous PWG member, the question of why this figure was not included in the CCNA budget was brought about. This was (and is) a good question, because the net surplus that we have been reporting, doesn't include this figure. For whatever reason, this CANA budget item has just been configured separately.

At our last PWG meeting, I actually recommended (and still recommend) the below proposals in principle:

- 1) Remove this, "NCRC Pre-Convention Travel Budget" item from the CANA/ACNA budget for the next fiscal year (2026-2027) when the assembly meets face-to-face in Moncton, NB
- 2) Add an additional guideline under section 15.11 – Convention, with verbiage of the below nature (this is just an idea, not a finalized proposal):  
*"15.11.xx – When the PWG has completed its final calculation of the surplus to contribute to CANA/ACNA, it will recommend a holdback for the next calendar quarter in addition to the start-up funds. This holdback will be used for any pre-convention travel required by the PWG or LWG for the following convention.*

Regarding item #2, the PWG determined that we would also like to hold back \$5,000 of the current CCNA XXXIII surplus of \$37,400.20. This should help cover other administrative expenses (eg: such as venue deposits.)

We believe this would be a better practice as (a) it reflects the spirit of Concept 3, in delegating the PWG the capability to better execute its duties, and (b) it would provide for more accurate surplus figures for what CCNA actually brings in each year. After all, if no convention were to be held, no pre-convention travel would be required either. These travel funds are also distinct and separate from the *Assembly Travel*.)

Yours in Service,  
Adrian M.  
Treasurer, CANA/ACNA

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## Secretary Report

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### Documentation and Records

This year I have maintained accurate records of meetings and ensured they are uploaded in the forum. Contact lists were updated. Minutes were promptly recorded, reviewed, and finalized for

distribution to all members. New members were sent orientation packages.

#### Meeting participation

- First in-person CANA September 2025
- Admin meeting for follow-up tasks December 14, 2025

#### Newsletter

I have not yet started the spring newsletter, but I anticipate sending it out before/around the second CANA meeting of 2026.

#### Workgroup Participation

I am honoured to serve and point person for National Professional Development and External Outreach Workgroup. We have met twice and made great progress on our tasks. See our report separately. Meetings:

- November 22, 2025
- November 8, 2025

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#### FD/PR Report

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#### Fellowship Development (FD) Team Report

January 2026

We decided to meet as an FD team every two weeks, if possible. We've received and responded to two public inquiries from the form on our website.

The FD team has been busy with connecting NA meetings to each other in the North. We have had 3 Zoom meetings so far and connected with Labrador City, Labrador; Iqaluit, Nunavut; Kuujjuaq, Quebec; Inuvik, NT; and Whitehorse, YK. The member in Inuvik, NT has in fact just started a 2nd meeting and the FD team has been able to assist him with a couple literature orders! The Iqaluit meeting is still a hybrid meeting and now once monthly is hosted from the Women's Correctional Facility. There are 3 meetings running regularly in Whitehorse, YK and while they are still attached to the BC region, are very interested and committed to being connected to a Northern group/area/region if one were to be formed in the future. The Labrador City Meeting is very secluded and not well connected to the Mainland of NL. They are committed to staying connected to the Northern group of members we've helped establish.

Katherine went to Yellowknife in November and she can confirm that there are no NA meetings in the city. There is a strong foothold of CA and AA but no NA meetings. The Kuujjuaq meeting in Quebec is strictly driven by one member and when that member isn't in the community, the meeting doesn't take place. We are encouraging them to attend the Iqaluit and Inuvik meetings online.

There will be an Arctic Recovery and Support Conference in March of 2026. The confirmed date will be announced by the 2nd week in January, once the hotel has confirmed bookings. Katherine is hosting this conference so she can't represent NA, however she has requested that Brian and Martin attend in order to be an exhibitor. Discussion on member availability has taken place, and more will be revealed.

We contacted all regions to know more about the challenges that H&I committees and volunteers are facing. We looked at all the emails with corrections Canada, with the last one dated December of 2022. Brian and James (BC PR Chair) met with the minister of community safety, director of corrections, chief of staff and other government officials about helping more in jails (H&I). Brian will be in touch with James to develop federal corrections contacts.

Brian will be attending the Western Canada Addiction Forum conference and the BC Regional meeting (May 22-24) and would like to use some of the “Offer Attendance at Regions” budget to pay for it.

We asked Quebec PR to get in touch with Pattinson for billboards all across Canada. Quebec PR accepted and they will contact Pattinson in the upcoming days.

As for CBC media options other than TV, they had this to say about the following alternatives:

- Video ad options for CBC Gem.
- Audio ads on CBC Listen and Radio-Canada Ohdio.
- The territories of Yukon, NWT, Nunavut, and Nunavik are part of CBC’s region for select sales within the CBC North TV supper hour offerings. They broadcast two TV supper hour programs for paid commercial airtime, Monday to Friday:
  - Northbeat (English): 6:00 PM MT daily
  - Iglaaq (Inuktitut): 4:00 PM MT daily
  - Current rate per commercial placement: 30 seconds: \$95.00 per occasion (plus applicable tax).
  - Please note: The North is not a rated market due to its size, so no TV metrics are available.
  - Commercials are played out from Yellowknife. CBC requires a copy of the approved commercial three days prior to any campaign start date.
- CBC can also utilize bonus and log fill (fillers under avails and paid campaigns) to reach our target group.

**QUESTION FOR THE BODY:**

**Can we utilize the \$16,000 for “PSA Television Bilingual” on alternative media options, or are we locked into bilingual TV ads only?**

We started a collaboration with the European Delegates Meeting (EDM) FD. We went to all their meetings so far and will go to more. They gave us their guidelines to help us write ours. We are also planning on going to the EDM PR meetings and NAWS webinar. Brian has attended a BC Region PR meeting and an AL-SASK Region PR meeting to offer support, share experience from Ontario, and to learn!

CMHA conference in BC: Our job is done! CANA paid for registration, BC PR paid for literature and coordinated volunteers. Thank you to the BC PR volunteers for taking the lead on this!

**QUESTION FOR THE BODY:**

**Do we want to start a national mentorship program? The Ontario Region has one, which is basically a database of trusted servants that they utilize whenever someone reaches out requesting a service mentor. Think of it as “service sponsorship”. Do we want to have this on a national level?**

The FD team thinks that we should do away with the FD booth at CCNA and replace it with a CANA/ACNA booth. This could be a one-stop shop for getting information on CANA/ACNA, joining workgroups, and if we start a national mentorship program, to showcase it there.

The FD team thinks that as a PR point of view, we have to take advantage that NA will be 60 years old in Canada in 2027. The Ontario Region hasn't hosted CCNA since 2019. Having CCNA in Ottawa in 2027 would be, in our eyes, the best PR strategy because we could invite the Canadian government and national organizations based in Ottawa, to our presentation in our nation's capital.

We would also like to suggest a national press release in November 2026 for the national addiction awareness week in collaboration with the 5 regions of Canada. This could be considered a first attempt to be fully prepared to do it again in the fall of 2027 for the 60 years of NA in Canada. Quebec PR has experience with this. They are preparing improved worksheets to achieve this and a document on how to prepare to do media interviews. To realize this, FD would write the press release, contact the regions, make the worksheets available and support the regions. The 5 regions would have to find media contacts, send emails with the press release and do phone calls to the media. (Newspapers, radios, TV and internet media) Regions would have to find local members where we receive requests, or at least, have members to do interviews virtually. FD would collect all media contacts to make sure we can use them in the future. We would collect information on what went well and what did not. Create a new worksheet and recommendations to be better prepared for a massive press release in the fall of 2027, using the 60th anniversary of NA in Canada to our advantage.

**QUESTION FOR THE BODY:**

**Considering this takes time to put in place, do the regions want to talk about this project at their next regional meeting and bring back their respective positions at the next CANA meeting?**

Yours In Loving Service,  
**Martin P.** FD East  
**Katherine M.** FD North  
**Brian S.** FD West

**(See attached annexes for CCSA and CSAM reports)**

**ANNEX A: CCSA Report**

Event: Canadian Conference on Substance Abuse  
Date: Nov 17 – 19, 2025  
Venue: Halifax Convention Center, Halifax, NS  
PR-PI Volunteers/Exhibitors: Clay N, Danielle P, Nelson S and Ray K

**Overview:**

The participants were all trained in PR work, and did a good job of representing NA. Our booth was in a back corner of the Exhibitors room, not the most prominent position, however this had some benefits (see below). We had limited information packages, therefore we were conservative with giving them away on the first day. Throughout the 3-day conference we gave away the PR literature packs as well as having engaging conversations rather than just handing out "bag stuffers". We interacted with

conference attendees who were treatment professionals, students, psychologists, social workers, government policy makers and other exhibitors, from all across Canada, many from rural areas.

**Highlights:**

We had multiple conversations with participants of various levels - from the conference organizers to exhibitors, to participants. We were able to discuss what NA is with many conference goers who had never heard of NA. We engaged in discussion with multiple conference attendees who held a negative opinion and perhaps an inaccurate view of our program. The quality of the conversation with many attendees was remarkable.

The interaction with other Exhibitors was a highlight.

The reactions from the professionals and attendees varied depending on their roles in their fields of expertise. It went from acknowledging some participation in our fellowship, while others were interested in learning about meetings in their areas / regions Most people who stopped at our kiosk were interested. Some were more interested in sharing their approach to the reality of substance abuse, but still were acknowledging the effectiveness of NAs approach to complete abstinence through the peer support model.

**Areas of possible improvement:**

- More information packs
- More appropriate materials, and less ineffective material. For instance, the CANA/ACNA information pamphlet distracts from NA's message and forwards CANA/ACNA.
- Local meeting lists for distribution to local service providers, and for attendees from other places who may be members looking for a meeting.
- In hindsight, more of the local area contact information, i.e., the business cards from the Area with the QR code were made available.
- As a resource for professionals, a national phone line/website list of Area or Regional phone lines so that they can easily get connected with NA in their community.
- A scannable, standalone online Meeting List; perhaps incorporated with the previous Area or Regional list.
- Although we participated as an exhibitor, participating as presenters, we could provide a more detailed platform to provide information about NA being a viable program of complete abstinence

**Impressions:**

I was astounded and saddened at how many conference attendees had never heard of us. I had expected people involved in the field of Addictions in some way, to have more knowledge of us. I was surprised at the large "Anti-12 Step" sentiment from some. This was evidenced by some conversations and by observing some attendees' reactions when they recognized our booth. Some of these conversations were helpful in clearing misconceptions and humanizing us. Of note, an opinion heard repeatedly is that we are a faith based organization. Seemingly, this stems from experiences where they or someone they know attended a meeting and were told some variation that they need to have some sort of religious belief or practice.

Having the booth in a harder to access area was disappointing at first, thinking about visibility and possible traffic numbers. The benefit however was in the quality and length of conversations afforded by a little more privacy and less chaos. There were other Exhibitors in less obvious spots. The interaction

with other Exhibitors was ongoing throughout the conference. While conference sessions were live, we had the opportunity to build some personal relationships with treatment professionals and community groups. Most of these knew who we were previously. The interactions allowed greater understanding of NA and offered avenues of possible usefulness and again humanized the relationship. Great experience meeting participants, presenters and community stakeholders; yes, I do feel it was a good use of our time and resources.

### **ANNEX B: CSAM Report**

(Quebec decided to pay for all expenses and not to keep the \$ out of their CANA's contribution : 2700\$, plus travel and related expenses, plus literature and taxes)

The Canadian Society of Addiction Medicine (CSAM) conference, held on October 16, 17, and 18, where Quebec PR had an information booth, went very well overall.

However, attendance at the booth was much lower compared to other events where Quebec PR was present in 2025. It appears that the layout of the space may have caused a lack of visibility for the booths on site. In fact, the booths were all located in a room isolated from the conference rooms, rather than in a high-traffic area.

In any case, leaving logistics aside, we had a lot of visitors at our booth on the first day in the morning. After that, traffic became very scattered over time and much less abundant. We had planned to have three trusted members present for the event at all time, when two would have been more than sufficient.

That said, we had many great discussions with the professionals attending CSAM. It was noted that NA offered a different perspective from the other stakeholders present, particularly with regard to harm reduction versus the abstinence suggested by NA and that there's no professional support within NA meetings.

We also distributed fewer documents than usual. For example, the posters were in French, so the CSAM, whose participants are predominantly English-speaking, was not a suitable place to distribute French documentation. In addition, many of the professionals in attendance were from outside Quebec, so information about NA meeting locations was less practical and relevant to them. We mostly gave only English literature and all region's websites information.

We were surprised by the low French-speaking attendance, given that CSAM was held in Montreal this year.

Finally, it is important to note that the majority of all professionals surveyed were already familiar with Narcotics Anonymous, unlike the other professionals surveyed at events this year. In summary, the presence of PR was less relevant in terms of raising awareness of NA, but just as necessary in order to remind people of the lifestyle advocated by NA, namely complete abstinence from all drugs and mutual support among addicts without the presence of a professional.

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### **NCRC Report**

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#### **National Convention Resource Coordinator (NCRC) Report December 2026**

**CCNA XXXIII Richmond, BC**

What another celebration of recovery was had! Sponsors were found, networks were enlarged, new friends were made, amends were made, and an abundance of hope was freely given. 611 people from across Canada, the United States and other parts of the world attended this convention and each and every person made it the success it was. After all was said and done the convention showed a surplus of over \$37,000. From this surplus I am requesting that \$5000.00 be held back to add to the already \$5000.00 start up funds for CCNA PWG/LWG pre-convention travel and other expenses. This would make it a total of \$10,000.00. For more clarity, please see the treasurer's report.

At this convention there were 45 members who shared their experience, strength, and hope, 13 of whom their first language was French. This was a huge success, being it a convention in an English Area. While there, I spoke with some French speaking members. They expressed their gratitude, not only for the efforts made to make this happen, but for listening to their wishes for more inclusion into a convention that is predominantly English speaking outside of Quebec. To add to this, all the main speakers were streamed live and translated into French. My vision, in alignment with A Vision for NA Service, is for this convention to not only grow for the French speaking fellowship, but to become more diverse so that other addicts in Canada have the chance to experience our message of recovery in his or her own language and culture and find the opportunity for a new way of life.

This was truly a labour of love. This amazing celebration of recovery did not happen without a number of challenges. From the beginning we lacked a local work group (LWG) that was truly committed to our process and many times there was friction over how things were to be carried out and how we did things in general. By the time the convention started Convention Information and Hospitality, Fundraising, and the Chair had all; resigned leaving an enormous burden on the PWG. These types of challenges are not new, and I have been wondering why this is the case time and time again. I continue to ask myself "What needs to change, are we doing something wrong and if so, how do we make it right?" We know that some position titles are misleading and need to be renamed, and we know that the task for each position and the timeline to carry them out needs to be re-written. We are in the process of doing both so that there is more clarity with respect to the delegation of duties, and easier tasks and directives given to these trusted servants.

Another thing to consider is how we give the local work group more autonomy and at the same time be prudent with money addicts have given to us in trust? There is a lot at stake here and if the process is not managed properly, we stand to lose not only money, but lives. This is a big piece of the puzzle that I believe some members don't quite get. Some see it as the planning work group trying to control things rather than seeing us as trying to be prudent with NA funds and protecting the NA name. Where and how do we find that sweet spot; that happy medium? If we can find that then we in turn we will find a smoother, less conflicting process. These challenges in the end, however, did not tear us apart but in many ways, it brought us closer together. Thank you to all of you who stepped up, rolled up your sleeves and helped us when you saw it was needed.

We also had to change venues due to a strike at the original hotel. Thanks to our quick response and Paul's negotiating skills we were able to secure a venue, and it being in Richmond, led to tourism incentives to the amount of \$12,800. Some people questioned this as an outside contribution. We discussed this as a PWG initially and later internally as a body, and consensus was that this was no different than room night incentives or hotel room kickbacks, essentially a part of doing regular, everyday business. In some ways, to me, this seemed like God was doing for us what we could not do for ourselves.

### **CCNA XXXIV Moncton**

We are hoping for less challenges and believe that is quite possible. We had a planning work group (PWG) meeting on January 7. Adrian M, Paul C, Clay N and I attended. We concluded CCNA XXXIII, continued the process for CCNA XXXIV and briefly discussed CCNA XXXV. We looked at the local workgroup (LWG) submissions and have a Chair in mind along with some other point persons. We will meet with a tentative Chair this weekend to see if they may be a fit, and to ensure they know what our expectations and their duties are. We have already started considering some point persons. We are confident this LWG will not present the challenges we had last year as Paul, and I are both East Coasters and know many of the possible point persons on a personal level. We hope to have all positions filled by March 21 as that is when we plan on going to Moncton to meet with the LWG.

Paul and I did another walk through of the Delta Beausejour in Moncton on October 23 and believe this venue will meet our needs adequately. We practically have the whole hotel, and the foyer upstairs is huge and will be a great place for hundreds of members to congregate. We will reach out to the catering manager soon requesting their 2026 menu and will start the process with Encore for our audio/video needs. There was a time when audio/video was inexpensive and sometimes could be carried out mostly by the fellowship. This is no longer the case. We will need to start budgeting more for these services as things, in this industry, are becoming more complicated.

We now have about 100 people registered. If you haven't already done so, please go to [canadianconvention.com](http://canadianconvention.com) and do so. Basic Pre-registration is now \$56.00 up to a full package for \$255.00. This is for a limited time and after that prices will increase.

### **CCNA XXXV**

We are considering three possible places for the home of CCNA XXXV: Ottawa, London, and Winnipeg. I have talked with members from all three places and have been conversing with the Ontario RD team.

Ottawa seems to be a good fit as we will be celebrating 60 years of NA in Canada and some members feel that in conjunction with this, being in the country's capital, a Public Relations (PR) round table would be very beneficial as this is also the home of the National Organization on Addiction. London would be a

good fit as it has yet to host a CCNA. Winnipeg is being considered in order to give it another chance to host a CCNA as its chance was taken away by Covid. We will continue to work with members and venues in each city to see what is best for the fellowship as a whole. Many things need to be considered like dates, hotel rates, meeting space costs and the desire of each area in hosting it, just to name a few. We will give you our recommendation once we have completed the required work and feel we are ready to do so.

Yours in Service,

Jim F

NCRC

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**Convention Coordinator Report**

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Jan, 2026

#### Conventionator Report

It seems odd that I would write a report relating to the conventions going forward as my role has been restrained. The body made it quite clear I needed to step back and I would not be funded in relation to the convention. Having heard that clearly, I offer a skeleton report.

XXXIII

Though there were many challenges associated with the planning of this convention as well as the production of the event, in the end, we were blessed to hear only good things about the event from the convention goers. With the final convention numbers showing a respectable surplus and the overwhelming spiritual success of the convention, I am left confused why the “Reimagine CCNA” workgroup is spending so much time and resources in “fixing” or “changing” something that is highly successful in most ways. That being said, of course there have been issues with LWG interaction and that needs to be “reimagined”.

I expect Jim will give you an overall report on the convention wrap up along with insights.

XXXIV

With the convention contract signed and another site visit concluded, I am waiting for Jim to take the lead on all things related to the convention. I am here should he need information or guidance. Again, I will expect Jim will update you all on the status of the convention and the planning to date.

XXXV

The convention in 2027 is pretty much all in Jim’s hands. As was clearly pointed out at CANA, members want Jim to stand on his own on this one.

In Service,  
Paul C  
Convention Coordinator

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#### **CARNA Report**

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Canada Atlantic Region Report to CANA/ACNA

Dec 29, 2025

CARNA currently consists of 5 active areas consisting of 88 weekly meetings across 4 provinces covering more than 500,000 square kilometers with over 2.6 million people.

Nova Scotia (CNAASC) 39 meetings

Prince Edward Island (PEIASC) 9 meetings

New Brunswick (NANBASC) 12 meetings

Northern NB (NBASC) 2 meetings

Newfoundland & Labrador (NLASC) 26 meetings

Events in the region are transitioning from the warm weather events to the fall events. All of our events are listed in the calendar on the [carna.ca](http://carna.ca) website.

CARNA meets virtually 3 times a year and in person once per year. Our upcoming meetings are scheduled for:

CARNA last met on Nov 9, 2025. Below is a schedule of future meetings for 2026

Feb 8, 2026

May 10, 2026

Aug 9, 2026

Nov 8, 2026

We are seeking an AD, Vice-Chair, a PR person as well as a Web Coordinator.

We have started using a new set of guidelines and found a few tweaks we wish to make and as part of those tweaks we are working on staggered elections and longer terms for the RD team. The admin has recently concluded new Regional Assembly guidelines and expect those to be on the table in February. We will be holding our next Regional Assembly on Zoom on Feb 7, 2026, with much of the agenda focusing on the CAR & CAT related issues. We are working on a process that would include a Hybrid style meeting where, in this case, the Newfoundland & Labrador Area would host the assembly and have a pod or satellite location with local members. It is possible some other areas may wish to do the same thing incorporating other activities and engaging members as groups rather than individual connections to the online assembly meeting though that too is encouraged and welcomed.

We are pleased to announce our website is now bilingual. A special thank you to those who helped make this a reality in such a short time.

It is expected I will be attending the WSC in May 2026. And of course, I will also be attending CANA/ACNA in Sept. I expect to be traveling to an event on PEI in April and possibly attend events in other areas as well.

Our region has a fund flow policy that takes all remaining funds after expenses and divides them equally to CANA/ACNA and NAWS. The Treasurer was not at the last RSC meeting, and I have not seen the contribution numbers yet. Hopefully CANA/ACNA has received a recent contribution from us. We are working our way toward a new bank account that will let us send etransfers as form of payment/reimbursement. Overall, the state of the RSC is strong.

**Central Nova Area:**

They have several ASC positions open. However, they have been able to continue to carry the message through prisons and detox. In November they participated with CANA/ACNA FD. I have yet to hear the outcome.

**NANB Area:**

The NANB area is working toward making their website bilingual and expect that to be completed early in the new year. The province of NB is the only officially bilingual province in the country, and we do have many French speaking members especially in the north of the province. The area continues to offer H&I services to detox facilities in Saint Joh, Moncton and Fredericton and to Dorchester medium prison, Dorchester minimum prison and have recently added the Renous maximum prison to their list with he first visit coming very soon. The area also has an active poster drive under way. The area is looking forward to hosting CCNA XXXIV in Moncton. Local members have attended a CCNA information session and are in the process of submitting names for potential LWG positions. An ongoing issue with billing at WSO dating back a couple of years has finally been resolved resulting in the area paying off an outstanding balance created by a number of deficient accounting practices on the part of the area.

**Newfoundland & Labrador Area:**

There have been some H&I struggles to provide services to prisons but that has now been overcome. The area seems to have trouble understanding where to send contributions but hopefully that now has been resolved. Thrusted servant positions of Chair and Vice Chair are vacant.

**Northern New Brunswick Area:**

The ASC has filled all positions which is a first in many years. All is going smoothly at this time. They expect to host their annual June Unity event and lobster dinner.

**Prince Edward Island Area:**

They have an active fellowship with strong meeting turnout as well as robust PR efforts that include a billboard campaign. They attend detox and jails as well. It is hoped to offer both a Men's and Women's meeting in the near future. The annual Unity Day event is scheduled for April 24-26<sup>th</sup> in Summerside. Let me know should you have any questions regarding this report or anything CARNA related.

In Service,  
Paul C.  
CARNA RD

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**Quebec Report**

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Bonjour et bonne année à toutes et à tous,

This report focuses less on regional accomplishments and more on my personal feelings about and perspective on CANA, and how they were conveyed to and received by our region.

Upon returning from Vancouver, I approached my report with enthusiasm, optimism, and conviction. I shared with Quebec Region my efforts to better understand CANA's vision and mission, as well as the purpose and role of the Canadian Convention. **How I was under the impression that the reflections developed at the CANA table in Vancouver** sparked meaningful dialogue about the value CANA brings to NA nationally and how collaboration, inclusivity, and unity could better guide our work. Throughout, I aimed to remain open, constructive, and solution-oriented, fostering authentic collaboration between Quebec, other regions, and CANA, while promoting inclusiveness and unity. My approach was guided by genuine optimism and a hope that WE were moving in the right direction.

During my presentation to Quebec Region, the questions I raised were met with openness and appreciation. There was no negative feedback; responses reflected trust and a shared desire for clarity. I emphasize this not for personal recognition but to illustrate the importance of transparency and honesty in service. Often, our decisions and initiatives are guided in the moment by our conscience, in service to our fellowship, and as RD on behalf of an entire region. As the Second Service Principle reminds us, our most important resources are spiritual—our ideas and our conscience. This responsibility calls for transparency, honesty, and integrity toward both the CANA body and my region.

I also shared updates on balancing energies between Fellowship Development and Public Relations, and the new North Zone, as well as progress from the working group on CCNA's vision and mission, emphasizing the importance of embedding meaningful actions behind each word. In the new proposed ***Vision, the Canadian Convention of NA is one of the most powerful, inclusive, and joyful celebrations—***

***a vibrant expression of recovery, unity, and collaboration that rekindles hope and inspires NA's growth from coast to coast.***

Looking ahead, future discussions will hopefully focus on clarifying the purpose and vision guiding CANA and, by extension, the Canadian Convention. This is not a challenge to existing structures but an opportunity to define the scope of national work and foster a space conducive to collaboration, unity, inclusion, and belonging. The vision emerging from CANA and the mission of CCNA should work in symbiosis as an engine for unity, collaboration, and inclusion, grounded in the realities of each region, offering clear direction for all of Canada's fellowship to engage and extend the reach and impact of our shared message.

As a conclusion, at first, I didn't feel to write this report—I could have simply said that our contribution for this meeting is \$12,000. But that would have been said in a spirit of closure. Since September, I have felt sometime that the CANA service body, perhaps unconsciously, tends to avoid the real questions. Instead, it focuses on procedures and the "low-hanging fruit," as the saying goes, rather than examining the soil in which our tree grows and flourishes. If we truly want to harvest abundant fruit—fruit that nourishes not only the soul of our service table but also the one of every addicts hungry and thirsty for the NA message—we must not shy away from asking the deeper questions.

We are a spiritual organization, not a business. If the zones are to become the body NAWs turns to for an honest measure of how the fellowship is truly doing across this country, then we must stop avoiding the hard conversations. Quebec is willing to stand up and insist that we courageously examine the foundations of why we do what we do—and how we do it. Without this clarity, our actions risk becoming procedural rather than purposeful, meaningful, and firmly aligned with the spirit of NA.

In loving service,

Pierre A. Quebec RD

SPAD – January 10<sup>th</sup>.

*Today I will ask, "How can I be of loving service?" I will listen to the answer and take action, because this is how I want to live.*

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## **Ontario Report**

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### **Regional Meetings and Service Structure Health**

#### **Meetings Numbers**

Ontario and Manitoba 456 in person, up 11 and 72 on line, down 2; since last report.

#### **Regional Service Structure**

Yasmin V was elected to the OCRCC, Ontario Convention Resource Coordinator, she has been actively performing this role. Kathy O is the Ontario Regional Convention Chair; both positions are in need of Alternates.

The Regional Secretary has given notice.

#### **Financials**

Treasurer's report for second quarter 2025 appears to show a financially healthy region. Budgets appear to be within estimates and funds are well above prudent reserves.

### **Ontario Conventions of Narcotics Anonymous**

#### **ORCNA 37**

Scheduled for May 15 – 17, 2026 in Collingwood Ontario at the Blue Mountain Resort.

#### **ORCNA 38**

The Niagara Area has presented a bid for the 2027 ORCNA. Details should be firming up in January.

#### **Toronto Area Convention**

TACNA will proceed ORCNA 38 in February 12 – 14 of 2027, Happy Valentine's Day!

#### **Potential Ontario Canadian Assembly Convention Locations**

Ottawa and London Ontario are potential candidates for September 2027.

### **Regional Meeting Actionable Items**

#### **RD / AD Roles**

At the last Regional meeting elections were held for the WSC RD and the new positions of CANA/ACNA Delegate and Alternate. Dean W has maintained his position as Alternate Delegate and is very excited about the CAR report. Genina A is the new Delegate to WSC. The Canadian Delegate is myself; John F and the Alternate is Jo L from lovely Thunder Bay. Our emails are [cd@orscne.org](mailto:cd@orscne.org) and [alt.cd@orscne.org](mailto:alt.cd@orscne.org), respectively.

#### **Literature**

The IPs describing CANA/ACNA do not have any interest to the region so far. I will return them if I can't find them a home.

In grateful service,  
John F, CD Ontario Region

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#### **AL-SASK Report**

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#### **AL-SASK Regional Delegate Team Report**

Rhonda R. Regional Delegate

Joanne A. Alternate Delegate

CANA/ACNA Meeting January 11, 2026

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- **Last/prior AL-SASK RD report for CANA/ACNA (for your reference if needed).**

#### **Regional Delegate Report – CANA/ACNA SEPT 2025**

- Please find attached the minutes from our Regional Meeting in Lloydminster, October 17-19, 2025 as a dedicated Learning Days event for our RSC:

[AL-SASK RSC Minutes October 2025](#)

**AL-SASK Regional Service Committee (RSC) - see minutes above**

- Our Vice-Chair, Daniel has been invited to our meetings and discussions as part of mentorship for interest in the RD position in the future.
- The AL-SASK Region CAR survey will be done on the following dates/times at the Zoom Mtg 778 398 5704:
  - 1) Wednesday, January 7 from 6 - 8:30 PM MST
  - 2) Sunday, March 1 from 3-530 PM MST
  - <https://us06web.zoom.us/j/7783985704?omn=84014035496>

**World Service Committee (WSC)**

- We received and forwarded on to our CANA./ACANA FD team an email regarding PR services to a treatment facility in the NWT.
- We advised RSC of the deadline for regions to submit candidate recommendations to HRP by September 30th.
- Attended CP(conference participant) WSC meetings. on October 18, December 13, 2025.

**Rhonda R Regional Delegate Update** - The past few months have been quite heavy for me with my mom being unwell plus my own health issues. I have not done as much service as family and down time needed my time more. I have been really struggling with living in an area with 4 home groups and some blurring of the message of NA and lack of communication - this has been since I moved here (and longer from what I am hearing). I have been accessing more meetings on line and feel somewhat of a disconnect from what I get from an in person meeting. I feel when I am agitated lately that those around me are not getting the most spiritual part of me, which is why I slowed down a bit and am working on balance. I think sometimes when I am being of service that I forget that others are people just like me and do best to have compassion, understanding and most of all love.

- Point person for the PR Through Social Media Workgroup - we have had 2 members join this group.
- I am in a Whatsapp Chat that is a focus group for Social Media created by NAWS as a way to bring together other Social media workgroup members from around the world. Information is shared in this chat and there is also a spot in the Drop Box for shared files etc...
- I am an active member of the ARCNA Convention Template workgroup at the RSC.
- I am in the group chat/group with the PR to Northern Communities along with the FD's. This has been a great learning opportunity for me as I may be interested in an FD role in the future.
- As stated above we have two upcoming CAR Survey scans for the RSC. I had planned for more however there were differing opinions of myself and the AD so I scaled it back.
- I reached out to the WB and there are no current details of plans for the Pre Conference activities but he did say they are atypically the Saturday and anticipates the same for 2026.

**Joanne's Additional Alternate Regional Delegate Service**

- Point person on the Strategic Planning Committee for AL-SASK
  - Chaired November 6 and December 11th Committee Meetings
- Committee Member of CANA/ACNA Reimagining Convention Committee
  - November 8th and December 6th Committee meetings
- Committee Member of CANA/ACNA National Professional Development External Outreach
  - November 8th and November 22nd Committee meetings
- Requested clarity from the world board on questions arising from our regional members:
  - Whether a home group was a service body. Here is their reply: "Thanks for writing. Generally, an NA group is considered just that, *a group*. The term "service body" in NA implies a board or committee created by the NA groups to carry out service delivery efforts beyond hosting NA meetings."

- 2. Registering a home group with [na.org](http://na.org). They advised this was no longer viable, and hadn't been for awhile. I suggested they remove the registration forms from the starter kits sent out last month.
- Attended the MASCNA (Manitoba Area Service Committee for NA) monthly meeting on November 15th to invite them into a discussion of joining our region. I notified RSC via Whatsapp of my attendance and answered questions.
- Assisted PR with identifying a predator on the phone line calling various areas.
- Received information about WSC in Los Angeles and completed my registration. Began discussions with Rhonda about our attendance from May 1-9th, 2026.
- Attended the conference participant meeting from NAWS regarding the CAR on Dec 13th.
- **I will be out of the country from December 30th to April 2nd, and will be in attendance virtually.**

**In Service,**

**Rhonda R. - AL-SASK Regional Delegate**

**Joanne A. - AL-SASK Regional Alternate Delegate**

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**BC Report**

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**January 2026**

**From:** RD Team

**To:** CANA/ACNA

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**Acronyms**

(WRT) with regards to, (PR) Public Relations, (CP) Conference Participant, (CSACNA) Central Saskatchewan Area Convention) (BCACP) BC Association of Chiefs of Police, (FWSCWG) Future of the World Service Conference Workgroup, (BCRSC) BC Regional Service Committee, (DRT/OAT) Drug Replacement Therapy/Opioid Antigen Therapy.

**RD Team Synopsis of Work:**

- AD attending PNWCNA 48 Portland 31 Oct
- RD Team hosted virtual CAR workshop December 14
- AD attended Lower Mainland Area meetings for CAR presentations

**Upcoming Meetings**

- RD Attending VINPRANA Area Strategic Planning January 11, 2026
- RD Attending NAWS PR Webinar as presenter January 17, 2026
- RD Attending ALSASK region January 17, 2026
- RD Team attending VINPRANA Service-Learning Day February 14, 2026
- AD attending Lower Mainland Multi-Area Service-Learning Day March 28, 2026
- AD will attend remainder of Lower Mainland Area meetings for CAR presentations

**What's happening in BC**

### BC Regional Convention #33 2026

This Convention will be on April 17-19 Nanaimo BC . check our website [www.bcrna.ca](http://www.bcrna.ca)

### BC Areas

The BC Region continues to be engaged with its 14 member areas having discussions on Mentoring and training sessions. Our AD continues to visit Lower Mainland Areas to offer anything they need in the way of support or mentorship.

Some areas continue to struggle with members on DRT/OAT. There is a push in some areas to all these members to carry the NA message into institutions and public presentations, the RD team continues to mentor and provide literature and guidance to these area on this topic. BC Areas have asked that this is the Local Work group workshop on the Thursday evening prior to the convention.

### BC Regional Service Committee

We do not have a contribution this quarter for the CAZ. Our next meeting will be virtual Feb28 -Mar 1, 2026

Current positions open at our RSC are:

-Literature Treasurer, Venue Coordinator

### BC Public Relations

Next BC PR Web Meeting will be:

**Date:** January 17, 2026

**Time:** 1030 (pacific time)

#### Jails

We continue to expand, we are gaining traction in more Provincial and Federal institutions

Our PR committee now has 3 full Professional set-up displays. PR has purchased its first 10x10 pop-up and will purchase a 2<sup>nd</sup> in May/Aug they are in contact with NAWS Production to purchase a complete set of 3 New demographic pull-ups

### BC Literature

The BC Lit Committee continues to grow and provide literature to our region. While we have been supporting AISask areas, discussions have begun about transitioning them to their own literature committee. BC Literature is willing to provide guidance and support in setting up their own committee.

### Our next regional meetings for 2025 as follows:

Feb 28 – Mar 1, 2026 Virtual

May 23-24, 2026 in Kelowna

Bill Webb

BC RD

250.702.5966

[rd@bcrna.ca](mailto:rd@bcrna.ca)

Ken P.

BC AD

604.765.4145

[ad@bcrna.ca](mailto:ad@bcrna.ca)

<https://www.bcrna.ca/>

BC Regional Convention #33

Register Here: <https://form.jotform.com/252004728960254>

## Fundraising

**FUNDRAISING MERCHANDISE**  
**NOW ON SALE**  
 (You'll wish pictures coming soon check your Area website)

**CVIANA**  
 Elissa B: 604-315-5263  
[bccna33conventionchair@gmail.com](mailto:bccna33conventionchair@gmail.com)

**SVINA**  
 Kerrie M: 250-813-2639  
[bccna33vicechair@gmail.com](mailto:bccna33vicechair@gmail.com)

**VINPRANA**  
 Bonnie F: 250-895-1201  
[bccna33hotels@gmail.com](mailto:bccna33hotels@gmail.com)

## Volunteering

**LOOKING FOR TRUSTED SERVANTS TO HELP WITH THIS CONVENTION**

**Local to the island?** We would love to have you help out on the subcommittees with planning and / or at the convention!

**Joining us on the island?** We will have a sign-up sheet available at the convention as well as...

**ONLINE REGISTRATION** has a spot for you to let us know you want to help, we will be in contact.

Thank you from our  
**VOLUNTEER COORDINATOR**  
 Candy T: [bccna33volunteer@gmail.com](mailto:bccna33volunteer@gmail.com)

## Registration

**REGISTRATION IS AVAILABLE ONLINE ONLY**

**EARLY BIRD BEFORE DEC 1 2025**

FAIRY BIRD PACKAGE INCL MEALS	\$ 180.00
Basic Registration:	\$ 45.00
Friday Night Entertainment	\$ 20.00
Saturday Night Entertainment	\$ 20.00

**PRE-REGISTRATION FROM DEC 1**

FULL PACKAGE INCLUDING MEALS \* \$ 190.00  
 \*ONLY AVAILABLE UNTIL MARCH 1, 2026

Basic Registration:	\$ 55.00
Friday Night Entertainment	\$ 20.00
Saturday Night Entertainment	\$ 20.00

**MEALS**  
 ONLY AVAILABLE UNTIL MARCH 1, 2026

Saturday Dinner Buffet	\$ 65.00
Sunday Breakfast	\$ 30.00

**REGISTRATION ON SITE**

Basic Registration:	\$ 65.00
Friday Night Entertainment	\$ 20.00
Saturday Night Entertainment	\$ 20.00

**SPECIALTY MERCHANDISE †**

Mugs	\$ 25.00
Men's & Women's T's	\$ 40.00

Please contribute to the newcome fund

**† SPECIALTY MERCHANDISE:**  
 These items will only be available when purchasing your registration online PRIOR TO MARCH 1!  
 LOGO USED WILL NOT BE AVAILABLE ON OTHER MERCHANDISE  
 \*PHOTOS WILL BE AVAILABLE SEPTEMBER\*

**REGISTRATION FORM**  
 SCAN ME 

## BC Regional Convention #33

**THE 3 ISLAND AREAS OF NARCOTICS ANONYMOUS, SOUTH, CENTRAL AND VANCOUVER ISLAND NORTH,**

**INVITE YOU TO JOIN US ON THE ROCK**

**17-19 APRIL 2026**

**Vancouver Island Conference Centre**  
 101 Gordon St, Nanaimo, BC  
 Canada

**NANA.MO**

## Transportation

**BC FERRIES**  
 Tsawwassen to Duke Point or Horseshoe Bay to Departure Bay  
 1-888-223-3779  
[www.bcferries.com/book-sailings](http://www.bcferries.com/book-sailings)  
**PLEASE NOTE: All vehicles, incl. motorcycles, are required to make reservations on the ferry from Horseshoe Bay**

**HULLO FAST FERRY**  
 Walk on Service  
 Downtown Vancouver to Downtown Nanaimo Shuttle service to Nanaimo City Centre  
 1-236-862-1045 [www.hullo.com](http://www.hullo.com)  
 Check online or call for possible group discounts

**HARBOUR AIR**  
 Vancouver Harbour to Nanaimo Harbour Steps away from the Host Hotels  
 1-800-665-0212 [www.harbourair.com](http://www.harbourair.com)

**HELIJET**  
 Vancouver Harbour to Downtown Nanaimo Shuttle to City Centre twice/day  
 1-800-665-4354 [www.helijet.com](http://www.helijet.com)

## Location

**Nanaimo, BC**

**Vancouver Island**

**VANCOUVER ISLAND CONFERENCE CENTRE**  
 101 Gordon St, Nanaimo

**No OUTSIDE BEVERAGES OR FOODS PERMITTED** in this location with exception of water bottles (Please be respectful to the Venue)

**COFFEE / BEVERAGES / SNACKS** will be available for purchase on site

Many local coffee shops, restaurants and shopping within walking distance  
 4 minute walk to waterfront

[www.hellobc.com/places-to-go/vancouver-island](http://www.hellobc.com/places-to-go/vancouver-island)

## Accommodation

**DISCOUNTS AVAILABLE APRIL 14 - 22, 2026**

**COAST BASTION HOTEL**  
 \$209 per night  
 Each room has a waterfront view. Fitness center, 5-minute walk to Venue  
 11 Bastion St  
 1-250-753-6601

**MARRIOTT COURTYARD**  
 \$199 per night  
 Features a pool, hot tub, fitness center, located directly across from the Venue  
 100 Gordon St  
 1-250-824-2705

**DORCHESTER BEST WESTERN**  
 \$169 per night  
 Some rooms with a waterfront view. Fitness center, 6-minute walk to Venue  
 70 Church St  
 1-250-754-6835

**ALL HOTELS CHARGE A 16% TAX PER STAY PARKING IS EXTRA & LIMITED**

**MENTION YOU'RE WITH BC REGIONAL CONVENTION #33** (limited number of rooms available for group discount so book early!)

**MAKE A TRIP OF IT JOIN US ON THE ROCK**



## **Workgroup Reports**

### **1.1.1 PR Through Social Media**

#### **PR Through Social Media Report January 2026 for CANA/ACNA**

Happy New Year everyone!

We had a new workgroup member Kevin B added to the group!

We had tried to meet several times, but it was hard to find a time as well as forgetting about the meeting. A draft of the updated guidelines can be found here -[Social Media Draft Guidelines 2.1 \(1\).docx](#) - there is information here for Tik Tok so we can add to this for the social media outlets we use. We will also add details for IG and Tik Tok.

We have created a NA IG (attached to our Facebook) and personal Tik Tok (to check it out as we are not familiar with it to use it for NA yet). On IG we followed as many NA sites as possible we could find to see what they post.

Martin has been added to the Facebook and IG accounts (Kathryn and I are also on the account) Susan has been taken off.

These last few months have been personally hard for me (Rhonda) as my mom is sick and that is where my attention needed to be. The prepopulated posts did not get posted and prescheduled yet.

We plan to meet in the new year to continue the work! The time zones sometimes are a bit of a problem but we have managed to work around them for the most part.

Rhonda R on behalf of the workgroup.

### **1.2.1 National Professional Development and External Outreach Report**

Updated Charge Sheet

Our work group met and revised [our charge sheet](#). We elaborated our task and deliverables to provide clarity and distinguish our work group from FD/PR. We updated our milestones as well/ This charge sheet is a great summary of our current status.

Meeting participation

- November 22, 2025
- November 8, 2025

Progress:

- Revised our work group charge sheet including clarifying our purpose, deliverables, and milestones.
- Identified new potential contacts from demographics not typically represented in meetings
- Revised and organized the contact list by type, and captured the organizations that were contacted in the previous cycle to be skipped this cycle
- Added a log to the contact list to track who is contacted when
- Ensured the contact list and other resources are collaborative so that we aren't emailing static files back and forth
- Identified a framework for involving PR with our workgroup's tasks
- Drafted a new sunshine letter
- Reviewed the contacts from the PR Roundtable in September and the contact lists from the Indigenous Translations work group.

Resources (available in the forum)

- Contact List export
- New draft of the sunshine letter
- New Charge Sheet
- Meeting Minutes from Nov 8
- Meeting Minutes from Nov 22

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### 2.1.1 Reimagine the Canadian Convention (CCNA) and its service positions

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Hello everyone!

We have met twice since September, once in November and once in December. Average attendance was 10 people. Lots of great engagement and lively discussion!

We gathered feedback from the past 6 CCNA Local Working Groups and consolidated the input to share with the working group. Additionally, we incorporated feedback from Adrian's report and from other members' observations.

Consensus from the group is that we will proceed in two parallel paths:

1. Incorporate all feedback into recommendations for guideline updates and present to the body
2. Work on creating a vision that will drive the future of CCNA, such as whether it should be an annual or bi-annual convention.

More will be revealed... when the guideline recommendations draft is ready, we will present it to the body.

Merry

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### 2.2.1 FD Collaboration Report

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### 3.1.1 Indigenous Translations Report

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Indigenous Translations Report: - January 2026.

Hi everyone!

Happy New Year!

Sorry for the delayed submission of this report; I wasn't aware there was a full-body CANA/ACNA meeting this weekend. I checked the website in December and found no file folder posted for this upcoming meeting.

#### BLACKFOOT:

There have been so many deaths in the Blackfoot community over the holidays that our contact person (Ethel) has had to tread carefully. She will connect with the Elder and see if they can meet next week, or book a suitable date. They will work together on the reverse English translation of this IP. The travel time is an hour each way.

The full set of the translated Blackfoot keytags was sent to @De @ Fatia @NAWS last year, and to date, there has been no response to the follow-up email.

INUKTITUT:

Unfortunately, things have come to a screeching halt. There's a plan to hire a different translator, and the contact person (Katherine) is working on that.

CREES OF EASTERN JAMES BAY:

There has been no movement with this workgroup since the last report.

MI'KMAQ:

At our convention last year, a woman was introduced to me by our BC workgroup member (James). She inquired about translating IP#1 in Mi'Kmaq.

We sent an email that included the information required to get a translated project started. There has been no response to-date, follow-up email has been sent.

On a personal note, I will not be able to attend the meeting tomorrow.

Thank you,  
In Grateful Service  
Indigenous Translations Workgroup

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Approved